

Thursday, October 23, 2025

Lunch Today: Beef Taco, Chips, Shredded Lettuce, Fruit, Vegetable, Milk

- Good luck to Steamer Volleyball as they travel to Morrison today, game time 5 p.m.
- Freshmen on the zero list will need to report to their assigned 5th hour. Make sure you are staying if you are on the list.
- Happy Mole Day. Mole Day is an unofficial holiday celebrated by chemists, chemistry enthusiasts, and students to honor Avogadro's number, which is a fundamental concept in chemistry. Avogadro's number is 6.022×10^{23} , representing the number of atoms, molecules, or other particles in one mole of a substance. Friday's dress up day is science shirt Friday. Here's Your Chemistry Joke of the Day:
What did the proton say to the electron?
"Why are you always so negative?"

Students **16 years or older** are invited to sign up for the **Blood Drive** on **Wednesday, October 29th**.

- **Sign Up:** Check your email for the registration link or scan the QR code on posters displayed around the school.
- **Important:** Students who are **16 years old** must also submit a **parent consent form** to participate. Don't miss this opportunity to make a life-saving difference in our community!
- Help to celebrate Halloween Spirit Week! Monday - Witch Hat Day Tuesday -Everything Pumpkin Day (Wear pumpkin themed clothing or orange) Wednesday -Vampire Vibes Day (Wear Red for Blood Drive Day) Thursday - Ghostbusters Day (Wear White) Friday - Costume Day
- Remember, Asset 7 is about knowing that your community believes in you. When people value youth, they listen to your voices, support your goals, and celebrate your successes. You can return that support by helping to build a positive school community—be respectful, include others, and remind your peers that bullying is never okay.